

WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Chicken Curry	Gloucester Sausage	Chicken Pie	Beef Lasagne	Oven Baked Fish or Chicken Breast Strips
Mixed Bean Curry	Vegan Sausage	Quorn Butternut Squash Pie	Bean & Spinach Lasagne	No-Fish Fingers
Rice Broccoli Turmeric Cauliflower	Mashed potatoes Roasted Beets Butternut Squash Peas and Gavy	Minted New Potatoes Carrots Parsnips Gravy	Garlic Bread Sweetcorn Green Beans	French Fries Baked Beans Peas Curry Sauce
Baked Beans Cheddar Cheese Roasted Tomato Sauce	Baked Beans Cheddar Cheese Roasted Tomato Sauce	Baked Beans Cheddar Cheese Roasted Tomato Sauce	Baked Beans Cheddar Cheese Roasted Tomato Sauce	Baked Beans Cheddar Cheese Roasted Tomato Sauce
Simors pudding	Lemon Drizzle	Cheesecake	Upside Down Pineapple Cake & Custard	Rocky Road
Salad Bar, Yoghurt, Fruit, Jellies, Sandwiches & Wraps	Salad Bar, Yoghurt, Fruit, Jellies, Sandwiches & Wraps	Salad Bar, Yoghurt, Fruit, Jellies, Sandwiches & Wraps	Salad Bar, Yoghurt, Fruit, Jellies, Sandwiches & Wraps	Salad Bar, Yoghurt, Fruit, Jellies, Sandwiches & Wraps

All dishes highlighted in green have one or more of the key features to make it a Future Proof Food dish.

