

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Chicken Curry	Roast Pork	Assorted Pizza or Chicken Pasta Bake	Spaghetti Bolognese	<u>Sustainable Friday</u> Battered White Fish Breaded Fish Fingers or Beef Burger
Sweet Potato Korma	Cauliflower Cheese	Vegan Hotdogs	Quorn & Vegetable Bolognese	Squash, Lentil & Herb Sausage Roll
Braised Mixed Rice Poppadom Naan Bread Pickled Carrot & Cucumber Salad Stir Fried Greens	Roast Potatoes Savoy Cabbage Carrots Apple Sauce Pan Gravy	Garlic Bread Mixed Salads	Broccoli Sweetcorn Parmesan Cheese	Chunky Chips Garden Peas Carrots Tartare Sauce
Baked Beans Cheddar Cheese Roasted Tomato Sauce Chefs Special	Baked Beans Cheddar Cheese Roasted Tomato Sauce Chefs Special	Baked Beans Cheddar Cheese Roasted Tomato Sauce Chefs Special	Baked Beans Cheddar Cheese Roasted Tomato Sauce Chefs Special	Baked Beans Cheddar Cheese Roasted Tomato Sauce Chefs Special
Lemon & Polenta Cake	Cookies	Pear & Rhubarb Crumble with Custard	Chocolate Ripple Cake	Seeded Flapjack
Shaker & Hummus Pots, Box Salads, Yogurts, Fruit Pots, Jellies	Shaker & Hummus Pots, Box Salads, Yogurts, Fruit Pots, Jellies	Shaker & Hummus Pots, Box Salads, Yogurts, Fruit Pots, Jellies	Shaker & Hummus Pots, Box Salads, Yogurts, Fruit Pots, Jellies	Shaker & Hummus Pots, Box Salads, Yogurts, Fruit Pots, Jellies



All dishes highlighted in green have one or more of the key features to make it a Future Proof Food dish.