

Sandleford Menu Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Smooth	Spring Vegetables	Broccoli & Lentil	Cheesy Potato	Sweet Parsnip	Vegetable & Feta
Crudites	Crudites	Crudites	Crudites	Crudites	Crudites
Main Meal	Chicken Curry	Roast Pork	Pizza	Spaghetti Bolognese	Fish Fingers
Meat Free	Sweet Potato Korma	Cauliflower Cheese	Vegan Hotdog	Quorn & Vegetable Bolognese	Squash, Lentil & Herb Roll
On The Side	Steamed Rice Peas	Roast Potatoes Cabbage	Garlic Bread Salad	Broccoli	Chips Baked Beans
Dessert	Lemon & Polenta Cake	Cookies	Pear & Rhubarb Crumble with Custard	Chocolate Ripple Cake	Seeded Flapjack
Everyday	Sliced Fruit Yogurt Pots	Sliced Fruit Yogurt Pots	Sliced Fruit Yogurt Pots	Sliced Fruit Yogurt Pots	Sliced Fruit Yogurt Pots
Tea Time	Baked Beans on Toast	Pasta & Tomato Sauce	Jacket Potato & Baked Beans	Sausage Roll	Assorted Crumpets



All dishes highlighted in green have one or more of the key features to make it a Future Proof Food dish.