

Sandleford Menu Week One

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|-------------------------------|---------------------------------------|-----------------------------|----------------------------------|-----------------------------|
| Smooth | Tomato & Lentil | Carrot & Feta | Sweetcorn | Cheesy Broccoli | Mixed Vegetable |
| Crudites | Crudites | Crudites | Crudites | Crudites | Crudites |
| Main Meal | Lasagne | Chicken in Tomato Sauce | Sausage Roll | Chicken Pesto Pasta Bake | Fish Fingers |
| Meat Free | Mac & Cheese | Bean & Vegetable Casserole | Vegetable & Cheese Roll | Sweet Potato & Butterbean Hotpot | Veggie Fingers |
| On The Side | Garlic Bread Carrots | Rice Sweetcorn | New Potatoes Broccoli | Sautéed White Cabbage | Baked Beans Chips |
| Dessert | Pineapple Upside Down Cake | Chocolate Brownie | Blackberry Tray Bake | Flapjack | Chocolate Fudge Cake |
| Everyday | Sliced Fruit Yogurt Pots | Sliced Fruit Yogurt Pots | Sliced Fruit Yogurt Pots | Sliced Fruit Yogurt Pots | Sliced Fruit Yogurt Pots |
| Tea Time | Cheesy Jackets | Spaghetti Hoops on Wholemeal Toast | Assorted Wraps | Cheese on Toast | Pasta & Tomato Sauce |



All dishes highlighted in green have one or more of the key features to make it a Future Proof Food dish.