## **WEEK THREE**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup of the Day				
Chicken Pesto Mac & Cheese	Beef Chilli	Pork Schnitzel	Lasagne	Fish Fingers Battered Sausage Battered Fish
Mac & Cheese	Quorn Chilli	Cheese & Onion Tart	Vegetable Lasagne	Quorn Sausages
Sundried Tomato & Rocket Focaccia Broccoli	Rice Tacos Cauliflower Salsa Sour Cream	New Potatoes Carrots Parsnips Tomato or BBQ Sauce	Garlic Bread Sweetcorn Broccoli	Chips Mushy Peas Beans Curry Sauce
Baked Beans Cheddar Cheese Roasted Tomato Sauce				
Chocolate Cake & Chocolate Sauce	Treacle Tart	Fruit Crumble & Cream	Flapjack	Lemon Drizzle
Salad Bar, Yoghurt, Fruit, Jellies, Sandwiches & Wraps				

All dishes highlighted in green have one or more of the key features to make it a Future Proof Food dish.