

# Sandleford

## St Gabriel's

### Lunch Menu - Week 3

#### Monday

Pork & Herb Sausages  
Glamorgan Sausages  
(vegetarian)  
Mushroom Risotto  
(vegan)  
Caramelised Onion Gravy  
Creamy Mash Potato  
Garden Peas  
Savoy Cabbage  
Bakers Basket  
Fresh Fruit Pavlova

#### Tuesday

Beef Lasagne  
Mediterranean  
Vegetable Tart  
(vegan)  
Garlic Bread  
Sweetcorn  
Steamed Broccoli  
Lemon Posset

#### Wednesday

Roast Turkey Breast  
Root Vegetable  
Hotpot (vegan)  
Cranberry Sauce, Gravy  
Roasted Potatoes  
Roasted Parsnips  
Vegetable Panache  
Cherry Yoghurt  
& Granola

#### Thursday

Sweet & Sour Pork  
Quorn & Vegetable  
Stir Fry (vegetarian)  
Vegetable Stir Fry  
with Rice (vegan)  
Egg Noodles  
Mini Spring Roll  
Coriander Carrots  
Steamed Greens  
Chocolate Orange  
Jaffa Cake  
Raspberry Jelly

#### Friday

Cod Fish Fingers  
Tartar Sauce  
Breaded Halloumi  
& Salsa (vegetarian)  
Tempura  
Vegetables (vegan)  
Chips or New Potatoes  
Garden Peas  
Baked Beans  
Apple Cinnamon  
Crumble with Custard

Fresh Fruit served daily