

St Gabriel's

NEWBURY

Lunch Menu - week 1

Monday

Savoury Ragu
Vegan Ragu

Penne Pasta
Garlic Bread

Garden Peas
Baton Carrots

Jacket Potato
with a variety
of fillings

Blackberry &
Apple Crumble
with Custard

Tuesday

Oriental Sweet
& Sour Chicken

Sweet & Sour Tofu

Egg Fried Rice
Spiced Noodles

Pak Choi
Mange tout

Bacon & Leek Tart
Leek Tart

Lemon Drizzle
Cake

Wednesday

Pork & Leek
Sausages

Glamorgan
Sausages

Creamed Potato
Boulangère Potato

Creamed Cabbage
Garden Peas

Spiced Chicken Fajitas
Vegan Fajitas

Steamed Stem
Ginger Pudding
with Custard

Thursday

Lamb & Sweet
Potato Biryani

Vegetarian &
Vegan Biryani

Bombay Aloo
New Potatoes

Vegetable Curry
Brinjal Bhindi

Beef Burger
Vegan Burger

Chocolate & Orange
Bread & Butter Pudding
with Custard

Friday

Battered Cod
Cod Fish fingers

Cod in Parsley Sauce

Fried Potato
Sweet Potato Wedges
Baked Beans
Broccoli

Chilli Nachos
Vegan Bean Nachos

Apricot & Apple
Scented warm
Flapjack

Also available daily: help yourself salad bar, fresh fruit and cold desserts.