

Sandleford

St Gabriel's

Lunch Menu Week 2

Monday

Lunch

Katsu Chicken Curry
Singapore Rice Noodles
Steamed Rice
Stir Fried Greens
Prawn Crackers
Chocolate Sponge with
Chocolate Sauce
Fresh fruit or Yoghurt

Tea

Jacket Potato with Baked
Beans & Cheddar Cheese
Fruit Platter

Tuesday

Lunch

Shepherd's Pie
Vegetable Cottage Pie
Broccoli
Gravy
Crunchy Plum Crumble
Custard
Fresh fruit or Yoghurt

Tea

Houmous, Sliced Cheddar,
Cucumber Sticks, Pitta
Dippers
Apple Flapjack

Wednesday

Lunch

Margherita Pizza
Curly Fries
Sweetcorn
Vanilla & Coconut Rice Pudding
Fresh fruit or Yoghurt

Tea

Spaghetti Hoops in Tomato
Sauce with Sliced Bread
Fruit Platter

Thursday

Lunch

Roast Gammon
Cauliflower Cheese
Roast Potatoes
Glazed Carrots
Gravy
Chocolate Mousse
Fresh fruit or Yoghurt

Tea

Assorted Finger Sandwiches
Vegetable Sticks
Fruit Smoothie

Friday

Lunch

Golden Fish Fingers
Ricotta & Mint Fritter
Chipped Potatoes
Baked Beans
Apple & Cinnamon Cupcake
Fresh fruit or Yoghurt

Tea

Cheese & Tomato Pizza
Cucumber Sticks
Baked Cookie