

Sandleford

St Gabriel's

Lunch Menu Week 1

Monday

Lunch

Pasta Bolognaise
Or
Pasta with Vegeballs
in Tomato Sauce

Garlic Bread
Sweetcorn

Marble Cake & Custard
Fresh Fruit or
Yoghurt

Tea

Assorted Tea Sandwiches,
Vegetable Sticks

Fruit Platter

Tuesday

Lunch

Vegetable Bites

Mash Potato
Green Beans
Gravy

Chocolate Brownie
Fresh Fruit or
Yoghurt

Tea

Houmous, Sliced Cheddar
Cucumber Sticks
Pitta Dippers

Baked Cookie

Wednesday

Lunch

Baked Macaroni & Cheese

Garlic Ciabatta
Broccoli Florets

Lemon Drizzle Cake
Fresh Fruit or
Yoghurt

Tea

Macaroni Pasta
in Tomato Sauce
with Sliced Bread

Fruit Platter

Thursday

Lunch

Roast Turkey
or
Vegetable Tart

Roast Potatoes
Cabbage & Gravy

Fruity Flapjack
Fresh Fruit or
Yoghurt

Tea

Ham & Cheese Toastie
Vegetable Sticks

Natural Yoghurt

Friday

Lunch

Golden Fish Fingers
or
Tempura Vegetables

Chipped Potatoes
Baked Beans

Apple & Carrot
Yoghurt Muffins
Fresh Fruit or Yoghurt

Tea

Macaroni Pasta in Tomato
Vegetable Sauce

Fruit Smoothie