

Sandleford

St Gabriel's

Lunch Menu Week 2

Monday

Lunch

Piri Piri Chicken
Butternut Squash Tagine

Mexican Rice
Peas

Chocolate Beetroot Sponge
with Chocolate Sauce
Fresh fruit or Yoghurt

Tea

Jacket Potato
with Baked Beans
& Cheddar Cheese

Fruit Platter

Tuesday

Lunch

Chicken with Gravy
Vegetable Bean Bake

Crushed New Potatoes
Sweetcorn
Gravy

Crunchy Plum Crumble
with Custard
Fresh fruit or Yoghurt

Tea

Houmous
Sliced Cheddar
Cucumber Sticks
Pitta Dippers

Baked Cookie

Wednesday

Lunch

Cottage Pie
Vegetable Cottage Pie

Cabbage

Lemon Drizzle Cake
Fresh fruit or Yoghurt

Tea

Spaghetti Hoops
in Tomato Sauce
with Sliced Bread

Fruit Platter

Thursday

Lunch

Roast Gammon
Vegetable Toad
in the Hole

Roast Potatoes
Glazed Carrots

Chocolate Mousse
Fresh fruit or Yoghurt

Tea

Assorted Finger
Sandwiches
Vegetable Sticks

Apple Flapjack

Friday

Lunch

Golden Fish Fingers
Ricotta & Mint Fritter

Chipped Potatoes
Baked Beans

Apple & Cinnamon
Cupcake
Fresh fruit or Yoghurt

Tea

Cheese & Tomato
Pizza
Cucumber Sticks

Fruit Smoothie