ST GABRIEL'S NURSERY MENU - WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SNACK	Bread & Olives	Greek Yoghurt & Fruit	Ham & Crackers	Yoghurt & Honey	Apple & Cheese
MAIN MEAL	Chicken Pasta Bake	Roast Pork	Cottage Pie	Turkey Wrap	Fish Fingers
MEAT FREE	Bean Risotto	Mac 'n' Cheese	Vegetable Cottage Pie	Halloumi & Jackfruit Wrap	Quorn Sausage
ON THE SIDE	Broccoli & Carrots	Potatoes, Cabbage & Carrots	Parsnip & Sweetcorn	Rice, Carrots & Peas	Fries, Baked Beans & Broccoli
DESSERT	Fruit Yoghurt	Fruit Crumble & Cream	Fruit Yoghurt	Lemon & Raspberry Cheesecake	Fruit Yoghurt
TEA TIME	Mixed Filling Wrap	Pizza	Sausage Roll	Ham & Cheese Muffin	Crumpet & Tuna
EVERYDAY	Everyday Sliced, fresh fruit crudités with tea				

