

**ST GABRIEL'S NURSERY SUMMER MENU - WEEK 2**

|                    | MONDAY   | TUESDAY   | WEDNESDAY                                      | THURSDAY   | FRIDAY                              |
|--------------------|--|---|--|--|-------------------------------------|
| <b>SNACK</b>       | Pitta & Cucumber Sticks                        | Breadsticks & Olives                                  | Wholemeal Toast & Toppings                     | Cheese Twists  | Crackers with Cheese & Apple Slices |
| <b>MAIN MEAL</b>   | TastyMac 'n' Cheese with extra toppings        | Chicken Souvlaki                                      | Roast Loin of Pork                             | Japanese Chicken Katsu Curry                           | Oven Baked Fish Fingers             |
| <b>MEAT FREE</b>   | Sweet Potato & Parmesan Risotto                | Tasty Falafel   | Red Onion & Goats Cheese Tart                  | Vegan Katsu Curry                                      | Cheese & Onion Quiche               |
| <b>ON THE SIDE</b> | Broccoli Sweetcorn                             | New Potatoes Mediterranean Vegetables                 | Crushed New Potatoes, Gravy Cabbage & Parsnips | Stir-Fried Rice Chinese Vegetables                     | Skinny Fries Mushy Peas Sweetcorn   |
| <b>DESSERT</b>     | Greek Yoghurt                                  | Sugar-Free Banana Cake                                | Greek Yoghurt                                  | Coconut Rice Pudding                                   | Greek Yoghurt                       |
| <b>TEA TIME</b>    | Croquette Potato With Beans & Crudites         | Cream Cheese With Ham & Cucumber Crackers & Cut Fruit | Egg & Potato Frittata & Crudites               | Butternut Squash Soup With Wholemeal Bread & Cut Fruit | Assorted Sandwiches & Crudites      |
| <b>EVERYDAY</b>    | Everyday Sliced, fresh fruit crudités with tea |   |  |  |                                     |