

ST GABRIEL'S NURSERY SUMMER MENU - WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SNACK	Crackers with Cheese & Apple	Breadsticks & olives	Pitta & Cucumber Sticks	Wholemeal Toast & Toppings	Cheese Scone
MAIN MEAL	Pork Meatballs with a Sweet Tomato Sauce	Utterly Moreish Korean Chicken	Classic Cottage Pie Topped with Cheddar	Chicken Fajitas with Onions & Peppers on a Warm Flour Tortilla	Oven Baked Fish Fingers
MEAT FREE	Plant-Based Meatballs with a Sweet Tomato Sauce	Utterly Moreish Korean Vegan Burgers	Vegetable & Lentil Cottage Pie	Bean & Halloumi Fajitas	Southern Fried Quorn Burger
ON THE SIDE	Spaghetti Broccoli & Sweetcorn	Carrots Roasted Aubergine & Courgette	Cauliflower Whole Green Beans	Rice Sweetcorn & Carrots	Chips, Baked Beans & Peas
DESSERT	Greek Yoghurt	Fruit Crumble & Whipped Cream	Greek Yoghurt	Lemon Muffins	Greek Yoghurt
TEA TIME	Toasted Cheese Muffins & Cut Fruit	White Fish Cake & Crudites	Potato Waffles & Baked Beans Fresh Fruit	Butternut Squash Soup With Wholemeal Bread & Crudites	Assorted Sandwiches & Fresh Fruit
EVERYDAY	Everyday Sliced, fresh fruit crudités with tea				