

## ST GABRIEL'S NURSERY SPRING MENU - WEEK 3

|             | MONDAY                                         | TUESDAY                         | WEDNESDAY                    | THURSDAY                            | FRIDAY                        |
|-------------|------------------------------------------------|---------------------------------|------------------------------|-------------------------------------|-------------------------------|
| SNACK       | Cheese Straws                                  | Breadsticks & Olives            | Wholemeal Toast & Dairy Lea  | Pitta & Avocado                     | Crackers & Cheese Slices      |
| MAIN MEAL   | Chicken Tomato Pesto Bake                      | Cottage Pie                     | Mac n Cheese                 | Beef Madras                         | Golden Fish Fingers           |
| MEAT FREE   | Gnocchi in a Cheesy Sauce                      | Parsnip, Leek & Cheddar Crumble |                              | Paneer, Potato & Spinach Curry      | Quorn Nuggets                 |
| ON THE SIDE | Cauliflower Broccoli                           | Savoy Cabbage Battened Carrots  | Sweetcorn Green Beans        | Rice, Cauliflower & Sugar Snap Peas | Mashed Potatoes & Baked Beans |
| DESSERT     | Greek Yoghurt                                  | Banana Loaf                     | Greek Yoghurt                | Peach & raspberry Mousse            | Greek Yoghurt                 |
| TEA TIME    | Croquette Potato With Tuna Mayo                | Paninis                         | Potato Waffles & Baked Beans | Sweet Potato Soup & Wholemeal Bread | Sandwiches                    |
| EVERYDAY    | Everyday Sliced, fresh fruit crudités with tea |                                 |                              |                                     |                               |