

ST GABRIEL'S NURSERY SPRING MENU - WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SNACK	Crackers with Cheese & Apple	Breadsticks & olives	Wholemeal Toast & Dairy Lea	Cheese staws	Breadsticks & olives
MAIN MEAL	Pasta Carbonara	Beef Tart	Pork in a Sweet & Sour Sauce	Chicken & Ham Pie	Fish Fingers
MEAT FREE	Butternut Squash & Mushroom Risotto	Cheese Quiche	Tofu in Black Bean Sauce	Pasta Mornay	Vegan 'Fish' Fingers
ON THE SIDE	Green Beans Broccoli	Croquette Potatoes Roasted Vegetables	Noodles Chinese Vegetables	Mashed Potatoes Battered Carrots & Cauliflower	Chunky Chips, Peas & Baked Beans
DESSERT	Greek Yoghurt	Fruit Crumble & Cream	Greek Yoghurt	Rice Pudding	Greek Yoghurt
TEA TIME	Chicken Goujons	Sandwiches	Fish Cakes	Butternut Squash Soup & Wholemeal Bread	Ham & Cheese Muffins
EVERYDAY	Everyday Sliced, fresh fruit crudités with tea				