

ST GABRIEL'S NURSERY AUTUMN MENU - WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SNACK	Pitta & Cucumber Sticks	Breadsticks & Olives	Cheese Scone	Wholemeal Toast & Toppings	Crackers with Cheese & Apple
MAIN MEAL	Chicken & Leek Pie	Assorted Pizza	Homemade Beef Lasagne	Pesto Chicken Pasta	Creamy Fish Pie
MEAT FREE	Cheesy Leek & Potato Pie	Quiche	Vegan Lasagne	Mac & Cheese	Quorn Cottage Pie
ON THE SIDE	Mashed Potato Cabbage & Peas	Potato Wedges Sweetcorn, Sugar Snap Peas	Garlic Bread, Courgettes & Carrots	Broccoli & Brussel Sprouts	Peas & Carrots
DESSERT	Greek Yoghurt	Coconut Rice Pudding	Greek Yoghurt	Fruit Crumble & Custard	Greek Yoghurt
TEA TIME	Cheese on Wholemeal Toast	Cream Cheese with Ham & Cucumber crackers	Egg & Potato Frittata	Tomato Soup & Wholemeal Bread	Selection of sandwiches
EVERYDAY	Everyday Sliced, fresh fruit crudité's with tea				