



AUTUMN TERM - WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Soup of the Day with freshly made bread, croutons and a selection of toppings. <i>All our soups are WASTE KNOT SOUPS - A hearty, planet-friendly blend, crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose!</i>				
Main	Cumberland Pork Sausage or Chicken Sausage	Turkey Strips with Roasted Broccoli, Onion, Pepper Burritos 	Classic Beef Lasagne	Chicken & Ham Pie with Light Shortcrust Pastry 	Oven-Baked Fish Fingers in a Crispy Crumb or Breaded Chicken Breast Goujons
	Vegan Glamorgan Sausage	Roasted Tofu & Halloumi Wraps with Roasted Peppers	Vegan Lentil & Bean Lasagne	Creamy Leek & Potato Pie Topped with Cheddar Cheese	Roasted Tomato, Cheese & Onion Quiche
On The Side	Champ Mash Potato with Spring Onion Mushy Peas Baked Beans Onion Gravy	Steamed Jasmine Rice with Peas & Carrots Sour Cream, Salsa & Tortilla Chips	Homemade Garlic Bread Sweetcorn Whole Green Beans	Minted New Potatoes Carrots Savoy Cabbage	Chunky Chips Peas Broccoli
Daily	We offer a lighter alternative with sandwiches and wraps alongside our freshly prepared salad and protein bars as well as daily options of pasta and jacket potatoes				
Dessert	Honey & Lemon Flapjack	Apple Cake & Toffee Sauce	American Cookies 	Fresh Pineapple Dessert	Fruity Rocky Road
Alternative Desserts	A daily selection of our new cold dessert pots including cheesecake, jellies, yoghurts and fresh fruit				

Please note, Week 1 menu will begin on first full week of term (Monday 7 September)