



AUTUMN TERM - WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Soup of the Day with freshly made bread, croutons and a selection of toppings. <i>All our soups are WASTE KNOT SOUPS - A hearty, planet-friendly blend, crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose!</i>				
Main	Tomato & Chorizo Pasta Bake	Stone Baked Pizza 	Chicken tikka Masala	Roast Pork Loin with Crackling, Sage & Onion Stuffing	Oven Baked Fish Fingers or Battered White Fish
	Mac'n'Cheese with Add Your Own Toppings	Vegan Five Bean Risotto	Chick Pea Tikka Masala & Lentil Dhal	Cheese & Onion Quiche	Oven Baked 'No-Fish' Fingers
On The Side	Mixed Green Beans Roasted Carrots	Sweetcorn Classic Coleslaw Oven Baked Jacket Wedges	Steamed Rice Turmeric Cauliflower Broccoli Naan Bread	New Potatoes Cabbage Parsnips Gravy & Apple Sauce	French Fries Steamed Peas Baked Beans
Daily	We offer a lighter alternative with sandwiches and wraps alongside our freshly prepared salad and protein bars as well as daily options of pasta and jacket potatoes				
Dessert	Fruity Chocolate Biscuit Cake 	Mango Passion Fruit & Coconut Dessert	Lemon Drizzle Cake	Strawberry Cheesecake	Frosted Brazilian Carrot Cake
Alternative Desserts	A daily selection of our new cold dessert pots including cheesecake, jellies, yoghurts and fresh fruit				