



AUTUMN TERM - WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Tomato	Pea & Mint	Carrot & Coriander	Cauliflower	Broccoli
	Soup of the Day with freshly made bread, croutons and a selection of toppings				
Main	Oven Baked Traditional Pork Sausages	Classic Chinese Chicken Stir-Fry	Mild and Tasty Mexican Chilli with Lean Beef and Veg	Slow Roasted Pork with Traditional Apple Sauce and Homemade Gravy	Baked White Fish Fingers with a Crispy Crumb or Crunchy Golden Chicken Breast Goujons
	Oven Baked Vegan Sausages	Tasty Tofu Stir-Fry	Mexican Spiced Roasted Vegetable & Bean Chilli	Butternut Squash, Broccoli & Cauliflower Cheese	Homemade Vegetable Cheese Burgers
On The Side	Creamy Mashed Potato Peas & Carrots Onion Gravy	Chinese Noodles Stir-Fried Vegetables Vegetable Spring Rolls	Brown Rice Sweetcorn Green Beans Salsa, Sour Cream & Taco Shells	Roasted New Potatoes Thyme Roasted Root Vegetables Braised Red Cabbage	Chips Peas & Carrots
Daily	We offer a lighter alternative with sandwiches and wraps alongside our freshly prepared salad and protein bars as well as daily options of pasta and jacket potatoes				
Dessert	Boost-It Chocolate Brownie	Frosted Carrot Cake	Treacle Tart	Ice Cream	Shortbread
Alternative Desserts	A daily selection of our new cold dessert pots including cheesecake, jellies, yoghurts and fresh fruit				