

Monday

Soup

Roasted Butternut Squash
with Homemade Granary Bread

Mains

Chicken, Chorizo, Cannellini Bean
Stew

Aubergine & Potato Tumbet (V)

Sides

Patatas Bravas
Haricot Vert
Courgette Provencal

Jacket Potato Bar

Jacket Potato
Baked Beans
Cheddar Cheese
Tomato Basil Sauce

Salads

Minted Couscous, Pea & Spring
Onion
Pasta & Fried Courgette
Chargrilled Chicken Salad

Desserts

Lemon Syrup Sponge with Custard
Blueberry & Oatmeal Flummary

Tuesday

Soup

Spiced Chickpea & Coconut
with Homemade Onion Bread

Mains

Beef Meatballs in Tomato Sauce

Vegan Meatballs in
Tomato Sauce (V)

Sides

Cajun Potato Wedges
Roasted Cauliflower
Baton Carrots

Jacket & Pasta Bar

Jacket Potato/Fusilli Pasta
Tomato Sauce
Bolognese Sauce
Cheddar Cheese

Salads

Butterbeans with Sweet Chilli
Sauce & Fresh Herbs
Roasted Vegetable Pasta Salad
Ham Salad

Desserts

Raspberry Yoghurt Caked with
Whipped Cream
Chocolate Mousse

Wednesday

Soup

Courgette & Pea
Homemade Farmhouse Bread

Mains

Chicken & Leek Pie

Potato Gnocchi Baked in a Creamy
Cheese Sauce (V)

Sides

New Potatoes
Broccoli Florets
Sweetcorn

Jacket & Pasta Bar

Jacket Potato/Penne Pasta
Creamy Garlic Mushrooms
Cheddar Cheese
Aribiatta Sauce

Salads

Puy Lentil with Slow Cooked
Tomatoes
Crushed New Potatoes with
Horseradish
Boiled Egg Salad

Desserts

Golden Syrup & Apple Sponge
with Custard
Orange & Chocolate Chip Shortbread

Thursday

Soup

Tomato & Basil
Homemade Focaccia Bread

Mains

Roast Pork with Gravy

Sweet Potato Quiche (V)

Sides

Roasted Potatoes & Roots
Yorkshire Pudding
Cabbage & Gravy

Jacket & Pasta Bar

Jacket Potato/Fusilli Pasta
Cheddar Cheese
Carbonara
Tomato Basil Sauce

Salads

Mango, Mint & Cucumber
Bulgur Wheat Mushroom & Celery
Ham Salad

Desserts

Coconut Macaroon Tart
3 Root Brownie

Friday

Soup

Roasted Parsnip & Apple
Homemade Granary Bread

Mains

Fish Fingers
Carrot, Ginger & Coriander Fritters
with Goats Curd (V)

Sides

Chipped Potatoes
Garden Peas
Baked Beans

Jacket & Pasta Bar

Jacket Potato/Penne Pasta
Tomato Vegetable Sauce
Meatballs in Tomato Sauce

Salads

Chargrilled Cauliflower with
Tomato, Dill & Capers
Spicy Rice
Chargrilled Chicken Salad

Desserts

Apple & Carrot Yoghurt Muffins
Eton Mess