

Monday

Soup

Creamed Sweetcorn
with Homemade
Granary Bread

Mains

Piri Piri Chicken
Butternut Squash &
Harissa Tagine (V)

Sides

Mexican Rice
Peas
Orange & Cumin
Roasted Carrots

Jacket & Pasta Bar

Jacket Potato
Penne Pasta
Baked Beans
Cheddar Cheese
BBQ Pulled Pork

Salads

Butterbean & Corn
Chargrilled Chicken Salad
Cucumber, Beetroot
& Orange

Desserts

Chocolate & beetroot Sponge
Chocolate Sauce
Fruits of the Forest Yoghurt
Brûlée

Tuesday

Soup

Spiced Chickpea
& Coconut with Homemade
Onion Bread

Mains

Chicken Coq au Vin
Vegetable Bean Bake
with Oat Crumble
Topping (V)

Sides

Mashed Potatoes
Green Beans
Roasted Roots

Jacket & Pasta Bar

Jacket Potato
Fusilli Pasta
Tomato Sauce
Bolognese Sauce
Cheddar Cheese

Salads

Tuna Niçoise Pasta
Fennel, Feta & Pomegranate
Ham Salad

Desserts

Crunchy Plum Crumble
Apple Flapjack

Wednesday

Soup

Tomato & Mediterranean
Vegetable with
Farmhouse Bread

Mains

Cottage Pie
Vegetable Cottage Pie (V)

Sides

New Potatoes
Roasted Roots
Savoy Cabbage

Jacket & Pasta Bar

Jacket Potato
Penne Pasta
Baked Beans
Cheddar Cheese
Vegan Chickpea Saag

Salads

Quinoa, Mange Tout
& Charred Broccoli
Boiled Egg Salad

Desserts

Lemon Drizzle Cake
Vanilla & Coconut
Rice Pudding

Thursday

Soup

Red Lentil with
Homemade Focaccia
Bread

Mains

Roast Gammon
Root Vegetable
Toad in the Hole (V)

Sides

Roasted Potatoes
Yorkshire Pudding & Gravy
Kale, Mange Tout
& Glazed Carrots

Jacket & Pasta Bar

Jacket Potato
Fusilli Pasta
Cheddar Cheese
Carbonara
Tomato Sauce

Salads

Chargrilled Cauliflower
with Tomato, Dill
& Capers
Bean Provençal
Tuna Salad

Desserts

Chocolate Mousse
Yoghurt, Berry
& Honey Pot

Friday

Soup

Roasted Parsnip,
Lentil & Apple with
Homemade
Granary Bread

Mains

Fish Fingers
Ricotta & Mint Fritter (V)

Sides

Chipped Potatoes
Garden Peas
Baked Beans

Jacket & Pasta Bar

Jacket Potato
Penne Pasta
Baked Beans
Cheddar Cheese
Spicy Red Lentil Dhal

Salads

Carrot Tabbouleh
with Fattoush Tomatoes
Italian Panzanella
Chargrilled Chicken Salad

Desserts

Apple & Cinnamon
Cupcake
Lemon Posset