

St Gabriel's

MENU - Week 1

NEWBURY

Monday	Tuesday	Wednesday	Thursday	Friday
Savoury ragu Lentil ragu Spaghetti Diced herby potatoes Sweetcorn Broccoli florets	Thai green chicken curry Thai red vegetable curry Basmati rice Thai spiced potatoes Bok choy Green beans	Beef and potato pie Homity pie Creamed potatoes Croquette potatoes Garden peas Braised red cabbage	Pork tagine Vegetable and chickpea tagine Savoury couscous Parsley potatoes Sautéd leeks and cabbage Carrot batons	Breaded cod Pollock florentine Cauliflower steak rarebit Fried potatoes New potatoes Baked beans Sautéd courgette and mushrooms
Frittata All day breakfast or Minted pea and feta	Baked potatoes Quorn Sausages Baked beans Grated cheese	Pasta counter Creamy mushroom Savoury ragu Tomato and basil	Deli counter Hot gammon Quorn sausages Chef's soup	French bread pizza Bacon and mushroom Cheese and tomato
Toffee apple crumble	Coconut rice pudding with mango coulis	Pineapple upside down pudding	Strawberry Bakewell tart	Raspberry and dark chocolate croissant pudding

We offer an extensive variety of speciality salad dishes, for example: Chicken Caesar, Tuna Nicoise, Sun-dried tomato and feta, Chickpea salad, Roasted Vegetables and many more. Accompanied daily by a wide selection of side salads, fruit options and cold desserts.