

# WEEK THREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
3 Cheese Tomato Pasta Basil Bake	Assorted Pizza	Meat Balls In Tomato & Spinach Sauce	Peri Peri Chicken	Breaded Fish Fish Fingers Chicken Burgers
Gnocchi & Tomato Sauce	Assorted Pizza	Veggie Meatballs	Halloumi & Jackfruit Peri Peri	Spicy Bean Burger
Garlic Bread Broccoli Carrots	Lattice Fries Sweetcorn Mixed Salad	Spaghetti Courgette & Aubergine	Spiced Rice Macho Peas Pitta Break Piri Piri Dressing	Chips Peas Baked Beans Tartar Sauce
Baked Beans Cheddar Cheese Roasted Tomato Sauce	Baked Beans Cheddar Cheese Roasted Tomato Sauce	Baked Beans Cheddar Cheese Roasted Tomato Sauce	Baked Beans Cheddar Cheese Roasted Tomato Sauce	Baked Beans Cheddar Cheese Roasted Tomato Sauce
Brownie	Peach Melba Cake	Fruity Flapjack	Lemon Drizzle Cake	Ice Cream Bike
Salad Bar, Yoghurt, Fruit, Jellies, Sandwiches & Wraps	Salad Bar, Yoghurt, Fruit, Jellies, Sandwiches & Wraps	Salad Bar, Yoghurt, Fruit, Jellies, Sandwiches & Wraps	Salad Bar, Yoghurt, Fruit, Jellies, Sandwiches & Wraps	Salad Bar, Yoghurt, Fruit, Jellies, Sandwiches & Wraps

All dishes highlighted in green have one or more of the key features to make it a Future Proof Food dish.

