

# St Gabriel's

NEWBURY

## Lunch Menu - Week 3

### Monday

Pork & Herb Sausages

Glamorgan Sausages  
(vegetarian)

Mushroom Risotto  
(vegan)

Caramelised Onion Gravy  
Yorkshire Pudding  
Creamy Mash Potato  
Garden Peas  
Savoy Cabbage

Bakers Basket

Spiced Parsnip Soup  
Croutons

#### Salads

Tabbouleh  
Chicken Caesar  
Spiced Tomato & Vegetable Pasta

Fresh Fruit Pavlova

Chocolate Mousse

### Tuesday

Beef Lasagne

Mediterranean Vegetable Tart  
(vegetarian)

Mediterranean Vegetable Tart  
(vegan)

Garlic Bread  
Sweetcorn  
Steamed Broccoli  
Rocket Salad

Focaccia

Jacket Potato  
Tuna Mayonnaise & Sweetcorn  
Baked Beans

#### Salads

Tabbouleh  
Chicken Caesar  
Spiced Tomato & Vegetable Pasta

Lemon Posset

Vanilla Rice Pudding  
with Berry Compote

### Wednesday

Sweet & Sour Pork

Quorn & Vegetable Stir Fry  
(vegan)

Vegetable Stir Fry with Rice  
(vegan)

Egg Fried Rice  
Mini Spring Roll  
Coriander Carrots  
Steamed Greens  
Prawn Crackers

Flat Bread

Penne Pasta  
Chicken & Bacon Sauce  
Rich Tomato Sauce

#### Salads

Tabbouleh  
Chicken Caesar  
Spiced Tomato & Vegetable Pasta

Chocolate Orange Jaffa Cake

Fresh Fruit Pots

### Thursday Christmas Lunch



Roast Turkey or  
Coca Cola Glazed Gammon

Butternut Squash  
& Beetroot Wellington  
Crispy Kale

Roast Potatoes  
Parsnips  
Winter Vegetables  
Panache

Pigs in Blankets  
Yorkshire Pudding  
Gravy  
Sage & Onion Stuffing  
Cranberry Sauce

#### Salads

Tabbouleh  
Chicken Caesar  
Spiced Tomato & Vegetable Pasta

Christmas Pudding  
with Cream

Mince Pies  
Satsuma

Fresh Fruit & Jelly served daily