

St Gabriel's

NEWBURY

Activities

Extra Curricular Clubs 2019 - 2020



What's on offer - Junior School

St Gabriel's offers an extensive programme of clubs, classes and creative sessions, providing fun ways for pupils to play and learn.

From science sessions, sport, painting, whatever your child's interest, they gain new and fresh experiences.

ACADEMIC

Cineclub
Current Affairs
Digital Leaders
Languages
Mathematics
Science

CREATIVE

Art*
Jewellery*
Drama

MUSIC

Chamber Choir
Choir
Music Aural Practice
Music Open Studio
Orchestra
Recorder
String Group

SPORT

Ballet*
Climbing*
Cricket
Dance
Equestrian
Fencing*
Football
Gymnastics*
Hockey

Judo*
Netball
Rounders
Running
Swimming*
Tag Rugby
Tennis*
Trampolining*



*An additional cost applies to clubs marked with an asterisk.

What's on offer - Senior School

St Gabriel's offers a range of clubs and societies for our Senior School girls to explore. We include activities to stretch their academic capabilities, to encourage physical activity in a variety of sport, as well as provide opportunities to advance business acumen and creative talents.

A wide range of subject support clinics are also available. Pupils are encouraged to explore and try clubs for the first time as well as focusing on developing their talents to a higher level.



ACADEMIC

- Chess
- Debating Society
- Greek
- Higher Project Qualification (HPQ)
- Languages
- Maths
- Mrs Montagu Society (History Oxbridge)
- Philosophy
- Psychology
- Robotics
- Science
- Student Business Challenge
- Student Investor Challenge

CREATIVE

- Cookery
- Drama
- Pottery
- Photography
- Textiles

MUSIC

- Big Band
- Flute Group
- Jazz Band
- Music Aural Practice
- Music Theory
- Orchestra
- Rock Group - Rock Bands
- St Gabriel's Singers
- Songwriting
- String Group

SPORT

- Ballet*
- Climbing*
- Cricket
- Dance Club (Angelis I & II)
- Equestrian
- Football
- Gymnastics Squad*
- Hockey
- Judo*
- Netball
- Rounders
- Rugby
- Running
- Sports Scholar Fitness
- Swimming*
- Tennis*
- Trampolining*

COMMUNITY

- Duke of Edinburgh Vets & Meds

*An additional cost applies to clubs marked with an asterisk.

JUNIOR SCHOOL

Introduction

A wide range of clubs and societies are open for our Junior Pupils to explore. From those wanting to try out a sport to those keen to get creative, whatever their preference an option exists.

We encourage all our pupils to participate in a range of activities.

Art Club*

Art Club provides an opportunity for pupils to be creative and practical through exploring exciting media guided by specialist art teachers.

Ballet*

Ballet is a well-loved dance form at St Gabriel's, with qualified instructors visiting weekly. Ballet offer pupils a great way to develop their co-ordination, balance and body control. Through ballet they gain the benefits of exercise and become comfortable performing in groups.

*An additional charge applies to this activity.



JUNIOR SCHOOL

Chamber Choir

For Year 4-6 children who enjoy singing, joining the choir is a great outlet for them to develop their skills in a fun, supportive environment. Pupils have the privilege of performing at special occasions and in school concerts.

Choir

Pupils in Year 1-3 can enjoy singing in a choir for the first time. It is a great way to enjoy the magic and beauty of choral singing.

Cineclub

For Year 6 pupils with a love of film, joining Cineclub is a great option. Pupils learn about the film-making process from storyboards to camera angles and editing techniques.

They can use their imaginations to create their own short films and enter national competitions. It's great fun and supports their literacy skills too!

* Additional charge applies to these activities.

Climbing*

Climbing is for pupils from Year 2 upwards. Our specialist climbing instructor helps pupils learn to climb on our indoor wall. It helps to improve coordination, balance and agility. It also provides health benefits from exercise and understanding of the science of forces, power and pulleys.

Cricket

Cricket is an increasingly popular sport at St Gabriel's and pupils have the opportunity to play recreationally and competitively.

Current Affairs

A lunchtime session for Year 6 pupils to help them gain a better understanding of topical issues in the world around them.

Dance

Dance is a firm favourite and pupils in Year 4-6 have the opportunity to perform various styles at events and productions.

Digital leaders

Pupils in Year 3-6 who are passionate about computing can become a Digital Leader. A great way for pupils to enhance their technical and logical skills whilst having fun.



JUNIOR SCHOOL



Drama

Drama club provides the perfect outlet for children in Year 4-6 to enjoy games, improvisation and to help build confidence. It is also a great opportunity for Junior pupils to work together with the Senior Drama Scholars.

Equestrian

Children with access to a horse or pony with an interest in riding will relish the chance to join the equestrian team. Run by parents the team enters inter-school competitions. Riders of all level of ability are welcome to join.

Fencing*

Children can join the fencing club and try out a different sporting activity. It is a great way to have a bit of fun and at the same time exercise.

Football

Football is a very popular club. Weekly training helps enhance technical skills and enjoyment of the sport.



Gymnastics*

Gymnastics is very popular. With qualified instructors visiting each week to run the club in the Sports Hall.

Hockey

Junior Hockey Club for Year 3-6 helps pupils develop basic hockey skills and techniques.

***Additional charges applies to these activities**

JUNIOR SCHOOL

Judo*

Judo improves balance, co-ordination and self-belief; qualities that are all transferable to many life and sporting situations.

Pro-coach Judo deliver weekly lessons to both Junior and Senior School pupils.

Languages

A number of language clubs are offered during the academic year. Children get a real sense of achievement from developing their language skills.

Mathematics

Weekly junior Mathematics Club will help to develop and nurture a love of mathematics. To allow children to practise problem solving, logical thinking, puzzles and games.

*Additional charges applies to these activities

Music Aural Practice

Joining the Music Aural Practice session will support pupils interested in developing their musical talents to an extended level and aid preparation for aural tests in examinations.

Music Open Studio

Music Open Studio offers pupils in Year 3 - 6 the chance to participate and perform music, from beginners to advance. This session also offers theory and music reading help for Junior School pupils.

Netball

Lunchtime Netball Club and an after school Netball Academy provide a great opportunity for pupils to make excellent progress working in a team.



JUNIOR SCHOOL

Orchestra

Orchestra Club is for pupils who want to make music together and perform. It complements the wide variety of instrumental learning offered in the classroom. Informal concerts and assemblies provide the chance to perform in front of an audience.

Recorder

Recorder Club is a fun way for children in Year 2 to learn and succeed in playing their first instrument. It also encourages learning music through rhythm.

Rounders

Rounders is a popular summer sport with our pupils in Year 3-6. The club enables them to prepare for competitive matches. Teams play regular fixtures against local schools and participate in competitions.



JUNIOR SCHOOL

Running

Pupils in Year 3-6 can join our before school Running Club on Monday morning. They will learn how to run and train in our extensive grounds.

Science

This weekly club provides the opportunity for children in Year 6 to have fun with science through simple experiments.

String Group

String Group helps pupils to develop their confidence in performing and supports their love of music. It provides opportunities to play as a group in assembly and at informal concerts.

Swimming

Swimming lessons take place in the Summer term, in the outdoor pool and are supported with specialist coaching. Swimming is for all abilities from those wanting to gain water confidence to advanced swimmers looking to develop their stroke technique.

Competitive Squad swimming training takes place early morning before school and prepares our teams for Inter-School competitions such as IAPS, where we have gained national success.



JUNIOR SCHOOL

Tag Rugby

Pupils can join this non-contact team game where players pull removable tags from each other. Its both safe and fun and encourages pupils to stay active and improve their awareness of space and speed.

Tennis*

Tennis is an externally coached club, which offers pupils the chance to develop their hand eye co-ordination leading to small games of mini tennis in preparation for the full game.

Trampolining*

Children love to bounce on a trampoline and this club is very popular. Open to pupils in Year 3 - 6 the club is run by our specialist coach and offer a fun activity for all levels. It offers fun sessions covering the basic moves of trampolining, which helps increase flexibility, coordination and general fitness.

Those that develop to an advance level can learn complex skills and reach competition standard.



SENIOR SCHOOL



Introduction

An extensive range of clubs and societies are open to our girls in the Senior School and Sixth Form.

Those looking to deepen their knowledge in a particular academic subject and those with a love of sport or creative talents can select from a plethora of options.

We encourage all our pupils to participate in and benefit from our enrichment activities.

Ballet*

Ballet is a well-loved dance form at St Gabriel's. A weekly lunchtime session is open to Year 7 - 13 in the Dance Studio to enable pupils a great opportunity to develop their co-ordination and balance skills to an advance level.

*Additional charges applies to these activities

SENIOR SCHOOL

Big Band

Big Band play a lively range of jazz repertoire, occasionally with a vocalist. Big Band aims to encourage ensemble playing, sight reading and jazz improvisation, as well as having fun performing to others.

The band play at The Berkshire Show as well as at school events.



SENIOR SCHOOL

Chess

Chess Club helps pupils improve their memory and develop strategic thinking. Meeting Wednesday lunchtime in Square Hall all standards are welcome from absolute beginners to experts.

Climbing*

Pupils learn to climb on our indoor wall with coaching from specialist instructors which helps develop fitness and self reliance.

Cookery

Enables keen participants in Year 8-10 prepare dishes at lunch time and return to complete them after school.

Talented cooks can enter into the Rotary Young Chef Cookery Competition.

Cricket

Cricket is increasing in popularity and pupils have the chance to practise their skills and learn with coaches from the Berkshire Development team.

***Additional charges applies to these activities**



SENIOR SCHOOL



Dance Club (Angelis)

A diverse range of dance activities are open to pupils in Years 7 and 8 to attend, including Ballet, Bollywood and Lyrical dance.

Activities are often adapted according to pupil requests, catering for all tastes.

Dance Club (Angelis II)

From Year 9 upwards girls are invited to audition for the Senior School dance company 'Angelis'. This involves weekly participation in an enriching programme of contemporary dance classes and performance opportunities.

Additionally trips to the theatre to see live dance performances are also offered.

SENIOR SCHOOL

Debating Society

Debating is an invaluable skill to learn and our club aims to give students the chance to develop key analytical and public speaking skills in a fun and relaxed environment, debating a range of issues, from the topical questions of the day to the abstract and more obscure. Students to develop their knowledge of controversial issues and current affairs, alongside confidence and a sense of team spirit.

Students also have the opportunity to take part in inter-school events and competitions.

Diversity Club

Also known as 'Love wins Club', this group offers students an opportunity to discuss current social affairs and share views from book recommendations to stories from history. Members also participate in national events such as LGBT History month and Black History month.

Drama

Drama club is designed to provide pupils interested in acting and the theatre an outlet to perform. Participants have the chance to get involved in school productions helping build confidence, both creatively and emotionally and to develop their communication skills to an advanced level.



SENIOR SCHOOL

Duke of Edinburgh

The Duke of Edinburgh Award is the world's leading youth achievement award. It is an immensely worthwhile programme, which encourages young people to take on new challenges, learn new skills and develop strength of character. We offer all girls in Year 10 the opportunity to achieve their Bronze Award.



SENIOR SCHOOL

Equestrian

Pupils with access to a horse or pony with a keen interest in riding will relish the chance to join the Equestrian Team. Run by parents the team enters inter-school competitions and runs the St Gabriel's show each year. Riders of all level of ability are welcome to join.

Flute Group

Flute Group aims to encourage woodwind ensemble playing. They perform at lunchtime concerts, and occasionally evening events.

Football

The lunchtime football club is open to all girls looking to engage in the sport. A great chance to run around, kick a ball and forge football friendships with team mates throughout the Senior School.

Gymnastics Squad*

The Gymnastics Squad train weekly to develop their skills to competition level with our specialist coaches. There is an assessment before entry into this club.



*Additional charges applies to these activities

SENIOR SCHOOL

Greek

A lunchtime taste of all things Greek, from language, to culture to literature and much more.



Higher Project Qualification

A stand-alone GCSE equivalent qualification for able pupils in Year 9. It involves in-depth research, report writing and presenting research findings to an audience. A range of lunchtime and after school seminars provide pupils with the skills and knowledge needed to complete this qualification.

Hockey

Hockey is one of our major sports at St Gabriel's, with training held at an external astro site. Our coaches prepare the girls for regular league fixtures and county tournaments.

Jazz Band

This group generally contains more advanced players (usually Grade 6 and above, and tackles classic small group jazz and improvisation, performing at evening concerts and other events through the year.



Judo*

Judo improves balance, co-ordination and self-belief; qualities that are transferable to many life and sporting situations.

Delivered by Pro-coach, weekly judo lessons are open to both Junior and Senior School pupils.

SENIOR SCHOOL

Languages

For language enthusiasts a number of clubs are offered during the academic year. These could include Italian, Latin and Spanish. Joining our club is a great way to practise your language skills.

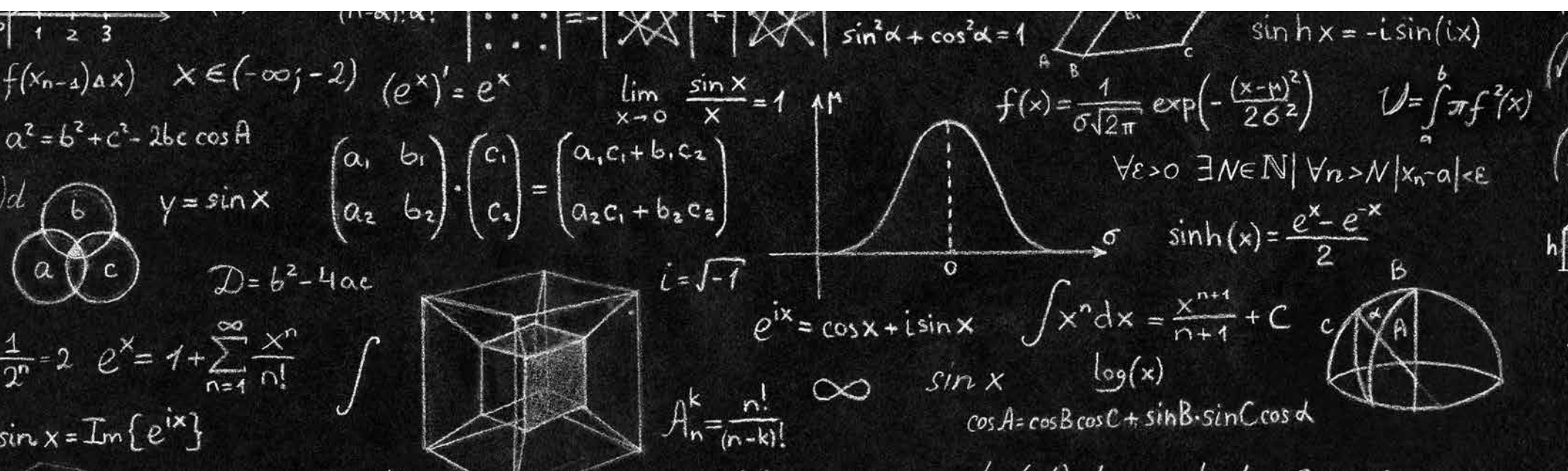
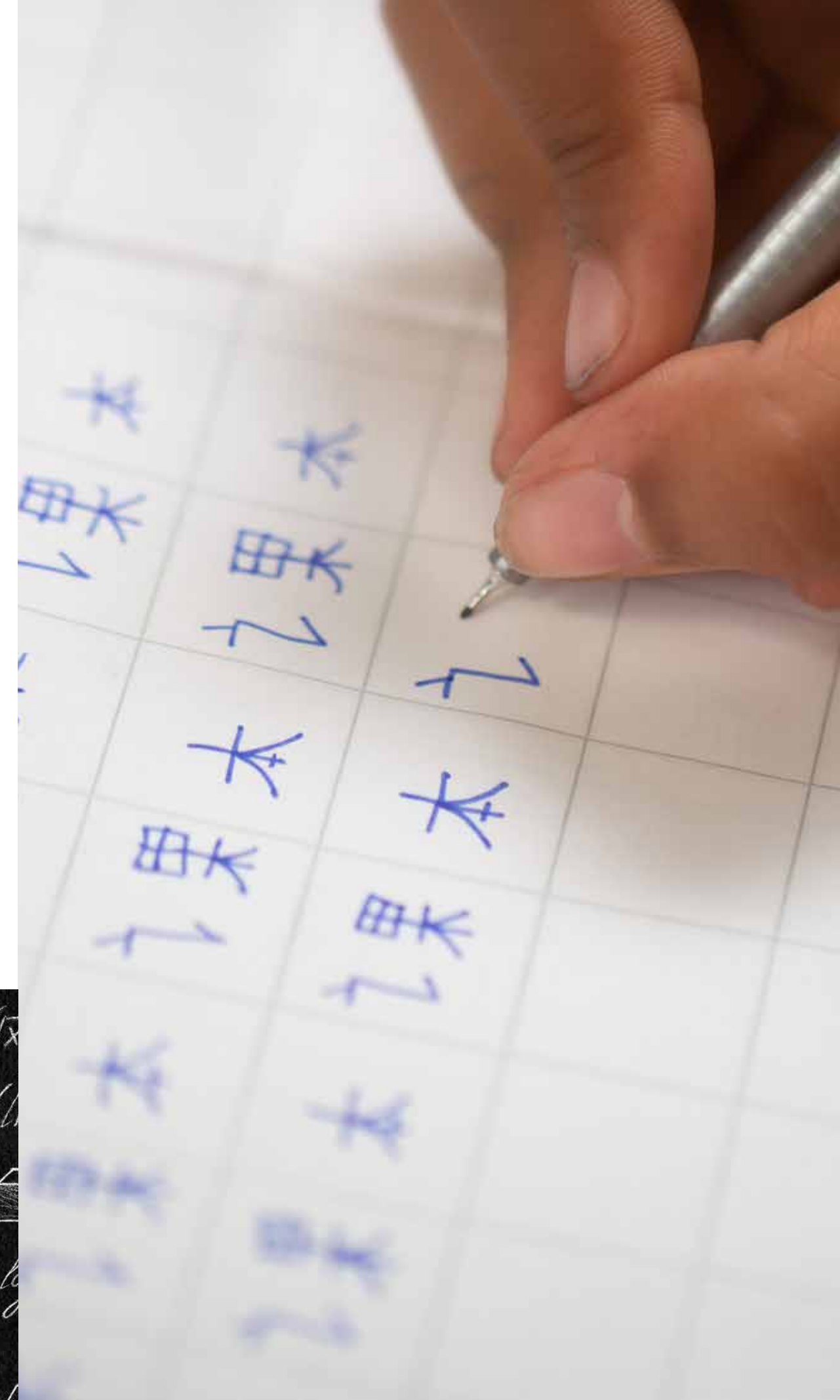
Mathematics

This club is open to any pupil who wishes to further her study and passion for Mathematics by joining in with a variety of games, puzzles and other activities. Two Maths teachers and the Sixth Form Maths Prefect are there to help and can offer support to any girl who needs extra help with any aspect of her studies.

Mrs Montagu Society (History Oxbridge)

The Mrs Montagu History Club, named in honour of the influential society hostess who made Sandleford Priory a centre of debate in the late 18th century, meets in the farmhouse on Thursday lunchtime.

For natural leaders with a passion for history, they are encouraged to join this society to discuss a variety of historical topics and issues. From the history of flowers, horses and flags. To terrorism and the appeal of conspiracy theories as well as learning about the Battle of Agincourt and the reputation of Napoleon.



SENIOR SCHOOL



Music Aural Practice

Offered in the lead up to ABRSM and Trinity exams, in groups across the whole school and individually for higher grade candidates.

Music Theory

Friday mornings before school, offering support for music theory from beginner to Grade 6 and above, including pupils taking theory exams and GCSE/A Level support. Also a good venue for competent musicians to practise their theory teaching skills!

Netball

Netball is our major winter sport and specialist coaches work with year groups and squads to prepare for local league fixtures and county tournaments throughout the Autumn and Spring terms.

Netball academy is our invitation only club which prepares our more able players to progress into local clubs to continue their training.



Orchestra

The orchestra offers a taste of performing in a larger ensemble, with members ranging in ability from Grade 3 to post-Grade 8. Performing a range of styles from classical to music theatre and jazz.

The orchestra also performs at the Senior Carol Service. From the orchestra we draw our fantastic bands for school productions, such as Little Shop of Horrors and Beauty and the Beast.

SENIOR SCHOOL

Pottery

Pottery club is run by the Art Department and pupils learn how to make pots using, coil and slab techniques. This is followed by the chance to develop skills needed to glaze pots, using different methods to create patterns and colours.



Philosophy

A chance to discuss and debate metaphysical ideas using pictorial stimulus. This club is led by Sixth Formers.

Photography

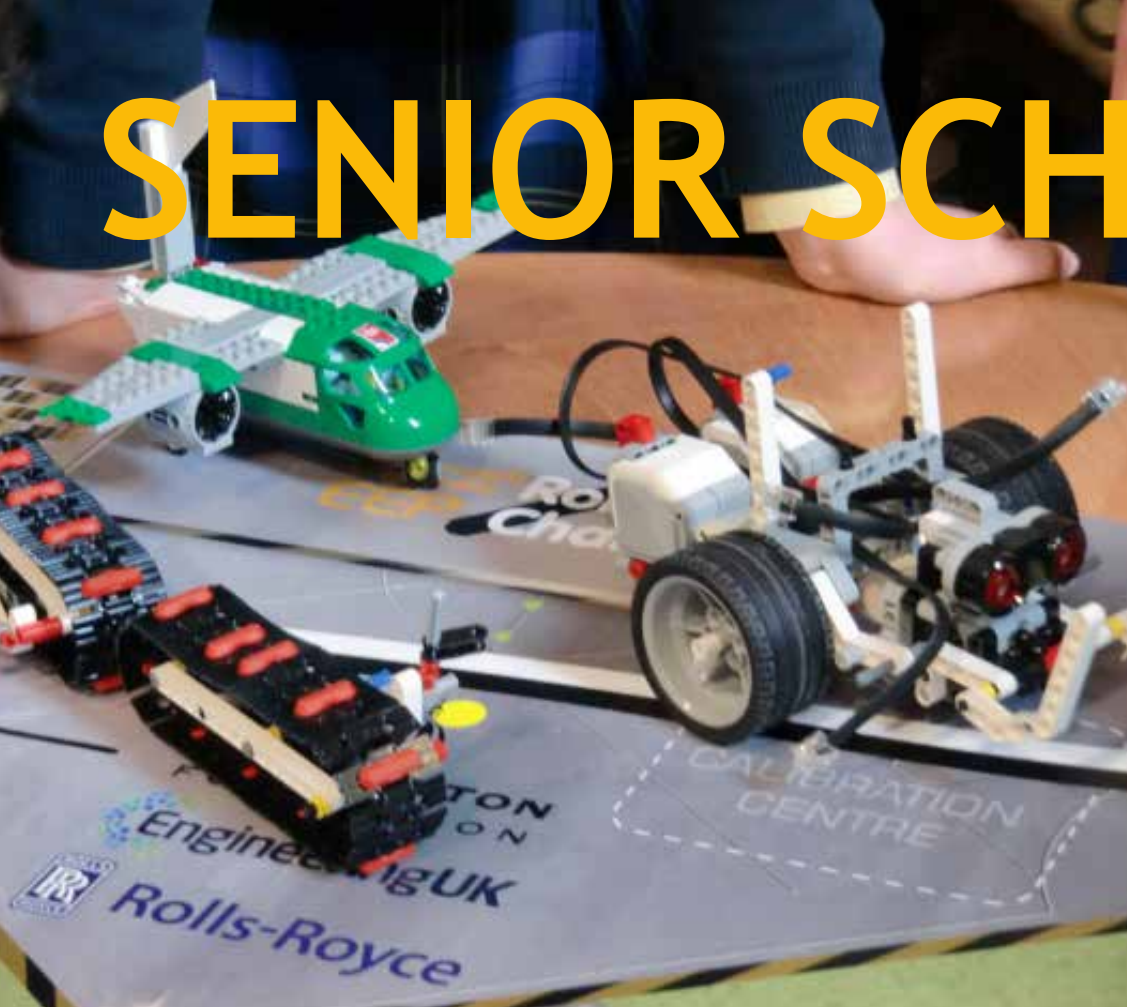
Photography club provides pupils in Year 7-9 an opportunity to experience life behind the lens. Outdoor and studio sessions are held as well as Photoshop workshops.

Psychology

A chance for pupils to participate in fun activities and discussion to develop an insight into psychology.



SENIOR SCHOOL



Robotics

Girls in Year 7-9 get together to innovate, building robots with Lego and writing computer programmes to make their robots complete tasks. They also take part in a national competition in February.

Rock Group

A very flexible concept, that develops in most year groups, some of which students run themselves. Others are led by music staff. Groups play in a wide range of styles, performing covers and original songs.

Rounders

This fast paced game is one of our major summer activities and is enjoyed by girls of all levels of ability. Regular league fixtures and tournaments are played against local opposition.

Rugby

Coaches from Newbury rugby club join us in the Autumn and Spring terms. They offer skills sessions developing into game play and provide a link into area and county representation for the girls.

Running

Before school on a Monday morning, we start our week with regular runs around our extensive school grounds and at Greenham Common. Accompanied by our coaches from Newbury Athletics club, these sessions prepare girls for area, county and national representation in cross country.

All Senior School pupils of all abilities are welcome to participate. A cross country run, by invitation, takes place before school on Thursday.



SENIOR SCHOOL



Science

Science Club offers students the chance to explore areas of science not covered by the curriculum. The emphasis is on exploration and discovery and to nurture enthusiasm for science. Students develop their understanding of science through hands-on interactive experiments, and experience how science works in the real world.

Each week there is a specific focus on an area of science with the opportunity of carrying out plenty of practical investigations in a laboratory setting. Students have the opportunity to work closely with Sixth Form Science Prefects and undertake Crest Awards.

Songwriting Group

Pupils from across the Senior School age range get together to discuss the songs they enjoy, as a springboard for composing their own songs in a wide range of styles.

Sports Scholars Fitness

These sessions are run for our sport scholars and are designed to build fitness and resilience in the development of their chosen sports.

St Gabriel's Singers

The St Gabriel's Singers perform at school and other concerts, learning a wide range of music from pop to classical, both religious and secular.

Led by Dr Tebbs, the group is a great way of re-energising at the end of a busy day, and encourages vital performing skills. Previously singers have performed as part of Britten's War Requiem at The Anvil.

String Group

The string group has gone through many different formats, from a classical string quartet, to an octet depending on membership.

Led by our specialist violin teacher it is a friendly group which encourages string playing, sight reading and performance skills across a range of musical genres.

SENIOR SCHOOL

Student Business Challenge

An enterprise challenge open to Year 12 students which involves them setting up and running a small business.

Student Investor Challenge

The student Investor Challenge runs from October to February and is open to pupils in Year 10 and above.

Pupils in teams of 4, invest virtual money on the London Stock Exchange and keep their portfolios healthy by following the ups and downs of the market, judging when to buy and sell in order to make a profit. With data direct from the Stock Exchange, online support and resources from the London Institute of Banking & Finance, the competition is definitely realistic.



SENIOR SCHOOL

Swimming

Swimming in our outdoor pool takes place in the summer and is supplemented with coaching for all levels with our specialist swimming teachers.

Competitive Squad swimming takes place from 8.15am and prepares our teams for inter school competition.



SENIOR SCHOOL



Textiles

The Textile Club enables pupils to design and develop their class work projects, providing a great outlet for developing their creative talents.

Tennis*

Tennis is one of our major summer sports and there is a full programme of external coaching and squad sessions which are designed to develop the individual. External coaching continues before school and during lunchtimes throughout the year.

Trampolining*

Trampolining is open to pupils of all abilities and is run by our specialist coach. Competition standard is achieved by some and others enjoy the fitness benefits of this session of this fun activity.

Vets & Meds

Vets and Meds supports prospective medics, dentists and vets by providing a platform for students to share their ideas on a variety of medical topics from medical ethics debates to presenting to their peers.

Students join a supportive environment to help organise work experience, and to navigate the complex application processes and provide an introduction to BMAT.

MedSoc also helps develop key interview skills through panel, and MMI style interview sessions to ensure that students are best prepared for any challenge they may face!

*Additional charges applies to these activities

JOINING

St Gabriel's offers an extensive programme of clubs, classes and creative sessions.

All activities are designed to both entertain and offer developmental benefits. Supporting our pupils, both academically and socially.

How to sign up

We communicate club openings and the methods for enrolment over the summer and at the start of the new school year. Clubs are managed by staff and external partners.

If you wish to arrange participation, refer to the email communications regarding clubs and how to join. If necessary discuss it with your child's class teacher or form tutor who can help connect you with the relevant member of staff.

A timetable for our clubs and practices is available to download on our website.

