

St Gabriel's
Your Route to Success

Activities

Extra Curricular Clubs 2018 -2019



What's on offer - Junior School

St Gabriel's offers an extensive programme of clubs, classes and creative sessions, providing fun ways for pupils to play and learn.

From science sessions, getting active with a sport or having fun painting, whatever your child's interest, by exploring, they gain new and fresh experiences.

ACADEMIC

Cineclub
Current Affairs
Digital Leaders
Languages
Science

CREATIVE

Art
Drama

MUSIC

Chamber Choir
Choir
Music Aural Practice
Music Open Studio
Orchestra
Recorder
String Group

SPORT

Ballet*
Climbing*
Cricket
Dance
Equestrian
Football
Gymnastics*
Hockey

Judo*
Netball
Rounders
Running
Swimming
Tennis*
Trampolining*

*An additional cost applies to clubs marked with an asterisk.

What's on offer - Senior School

St Gabriel's offers an amazing range of 63 clubs and societies for our Senior School girls to explore. We include activities to stretch their academic capabilities, to encourage physical activity in a variety of sport as well as provide opportunities to advance business acumen and creative talents.

A wide range of subject support clinics are also available. Pupils are encouraged to explore and try clubs for the first time as well as focusing on developing their talents to a higher level.



ACADEMIC

Business Club
Business Investor Challenge
Chess
Debating Society
Greek
Higher Project
Qualification (HPQ)
Languages
Maths
Mrs Montagu Society
(History Oxbridge)
Philosophy
Psychology
Robotics
Science

CREATIVE

Cookery
Drama
Pottery
Photography
Textiles

MUSIC

Big Band
Flute Group
Jazz Band
Music Aural Practice
Music Theory
Orchestra
Rock Group - Rock Bands
St Gabriel's Singers
Songwriting
String Group

SPORT

Ballet*
Climbing*
Cricket
Dance Club (Angelis I & II)
Equestrian
Football
Gymnastics Squad*
Hockey
Judo*
Netball
Rounders
Rugby
Running
Sports Scholar Fitness
Swimming
Tennis*
Trampolining*

COMMUNITY

Duke of Edinburgh
Vets & Meds

*An additional cost applies to clubs marked with an asterisk.

JUNIOR SCHOOL

Introduction

An amazing range of clubs and societies are open for our Junior Pupils to explore. From those wanting to try out a sport to those keen to get creative, whatever their preference an option exists.

We encourage all our pupils to participate and benefit from the enrichment of a range of activities that they can try for the first time and/or focus and develop in their chosen club.

Art Club

Art Club provides an opportunity for pupils to be creative and practical through exploring exciting media guided by specialist art teachers.

Ballet*

Ballet is a well-loved dance form at St Gabriel's. Qualified instructors visit weekly, providing pupils with a great opportunity to develop their abilities.



*An additional charge applies to this activity.

JUNIOR SCHOOL

Chamber Choir

For Year 4-6 children who enjoy singing, joining the choir is a great outlet for them to develop their skills in a fun, supportive environment. Pupils have the privilege of performing at special occasions and in school concerts.

Choir

Pupils in Year 1-3 can enjoy singing in a choir for the first time. It's a great way to enjoy the magic and beauty of choral singing.

Cineclub

For Year 6 pupils with a love of film, joining Cineclub is a great option. Pupils learn about the film-making process from storyboards to camera angles and editing techniques.

They can use their imaginations to create their own short films and enter national competitions. It's great fun and supports their literacy skills too!

Climbing*

Climbing is run on a one hour session for pupils from Year 2 upwards. Our specialist climbing instructor helps pupils learn to climb on our indoor wall. It's an enjoyable activity developing teamwork, confidence and self reliance.

Cricket

Cricket is an increasingly popular sport at St Gabriel's and pupils have the opportunity to play recreationally and competitively.

Current Affairs

A lunchtime session for Year 6 pupils to help them gain a better understanding of topical issues in the world around them.

Dance

Dance is a firm favourite and pupils in Year 4-6 have the opportunity to perform various styles at events and productions.

Digital leaders

Pupils in Year 2-6 who are passionate about computing can become a Digital Leader. A great idea for enhancing their technical and logical skills.



* Additional charge applies to these activities.

JUNIOR SCHOOL



Drama

Drama club provides the perfect outlet for children in Year 4-6 to enjoy games, improvisation and to help build confidence, both creatively and emotionally.

It's also a great opportunity for Junior pupils to work together with the Senior Drama Scholars.

Equestrian

Children with access to a horse or pony with an interest in riding will relish the chance to join the equestrian team. Run by parents the team enters inter-school competitions. Riders of all level of ability are welcome to join.

Football

Football is an extremely popular sport and a very popular club. Weekly training helps enhance pupil's technical skill and enjoyment of the sport.



Gymnastics*

Gymnastics is a very popular and active sport at St Gabriel's. Qualified instructors visit each week to run the club in the Sports Hall.

Hockey

Junior Hockey Club for Year 3-6 helps pupils develop basic hockey skills and techniques.

*Additional charges applies to these activities

JUNIOR SCHOOL

Judo*

Judo improves balance, co-ordination and self-belief; qualities that are transferable to many life and sporting situations.

Pro-coach Judo deliver weekly lessons to both Junior and Senior School pupils.

Languages

A number of language clubs are offered during the academic year. Year 5 can learn Latin and Spanish and Year 6 Latin. Children get a real sense of achievement from developing their language skills.

Music Aural Practice

Joining the Music Aural Practice session will support pupils interested in developing their musical talents to an extended level and aid preparation for aural tests in examinations.

Music Open Studio

Music Open Studio offers pupils in Year 3 - 6 the chance to participate and perform music, from beginners to advance. This session also offers theory and music reading help for Junior School pupils.

Netball

Lunchtime Netball Club and an after school Netball Academy provide a great opportunity for pupils to make excellent progress working in a team.



*Additional charges applies to these activities

JUNIOR SCHOOL

Orchestra

Orchestra Club is for pupils who want to make music together and perform. It complements the wide variety of instrumental learning offered in the classroom. Informal concerts and assemblies provide the chance to perform in front of an audience.

Recorder

Recorder Club is a fun way for children in Year 2 to learn and succeed in playing their first instrument. It also encourages learning music through rhythm.

Rounders

Rounders is a popular summer sport with our pupils in Year 3-6. The club enables them to prepare for competitive matches. Teams play regular fixtures against local schools and participate in competitions.



JUNIOR SCHOOL

Running

Pupils in Year 3-6 can join our before school Running Club on Monday morning. They will learn how to run safely and effectively in our extensive grounds.

Science

This weekly club provides an exciting opportunity for children in Year 6 to have fun with science, helping them identify what aspects are of particular interest to them.

String Group

String Group inspires many of our pupils to develop their abilities with instruments. Supporting their love of music and helping them to develop their musical talents with opportunities to play as a group in assembly and at informal concerts.

Swimming

Swimming in our outdoor pool takes place in the Summer term and is supported with coaching for all abilities by our specialist swimming teachers.

Competitive Squad swimming training takes place early morning before school and prepares our teams for Inter-School competitions i.e. IAPS, where we have gained national success.



JUNIOR SCHOOL

Tennis

Tennis is an externally coached club, which offers pupils the chance to develop their hand eye co-ordination leading to small games of mini tennis in preparation for the full game.

Trampolining*

Children love to bounce on a trampoline and our club is very popular. Open to pupils in Year 3 - 6 the club is run by our specialist coach and offer a fun activity for all levels.

Those that develop to an advance level can learn complex skills and reach competition standard.

*Additional charges applies to these activities



SENIOR SCHOOL



Introduction

An extensive range of clubs and societies are open to our girls in the Senior School and Sixth Form.

Those looking to deepen their knowledge in a particular academic subject and those with a love of sport or creative talents can select from a plethora of options.

We encourage all our pupils to participate in and benefit from our enrichment activities.

Ballet*

Ballet is a well-loved dance form at St Gabriel's. A weekly lunchtime session is open to Year 7 - 13 in the Dance studio to enable pupils a great opportunity to develop their skill.

*Additional charges applies to these activities

SENIOR SCHOOL

Big Band

Big Band play a lively range of jazz repertoire, occasionally with a vocalist. Big Band aims to encourage ensemble playing, sight reading and jazz improvisation, as well as having fun performing to others.

The band play at The Berkshire Show as well as at school events.

Business Club

An opportunity to discuss topical business issues and watch popular business related TV programmes, films and documentaries. Open to all not just those studying business.



SENIOR SCHOOL

Business Investor Challenge

The student Investor Challenge runs from October to February and is open to pupils in Year 10 and above.

Pupils in teams of 4, invest virtual money on the London Stock Exchange and keep their portfolios healthy by following the ups and downs of the market, judging when to buy and sell in order to make a profit. With data direct from the Stock Exchange, online support and resources from the London Institute of Banking & Finance, the competition is fun but realistic.

Chess

Joining the Chess Club will help pupils improve their memory and develop strategic thinking. Meeting every Wednesday lunchtime in Square Hall all standards are welcome from absolute beginners to experts.

Climbing*

Learn to climb on our indoor wall with coaching from specialist instructors and helps develop teamwork, fitness and self reliance.

Cookery

Enables keen participants in Year 8-10 prepare dishes at lunch time and return to complete them after school.

Talented cooks can enter into the Rotary Young Chef Cookery Competition.

Cricket

Cricket is increasing in popularity and pupils have the chance to practise their skills and learn with coaches from the Berkshire Development team.



***Additional charges applies to these activities**

SENIOR SCHOOL



Dance Club (Angelis)

A diverse range of dance activities are open to pupils in Years 7 and 8 to attend, including Ballet, Bollywood and Lyrical dance.

Activities are often adapted according to pupil requests, catering for all tastes.

Dance Club (Angelis II)

From Year 9 upwards girls are invited to audition for the Senior School dance company 'Angelis'. This involves weekly participating in an enriching programme of contemporary dance classes and performance opportunities.

Additionally trips to the theatre to see live dance performances are also offered.

SENIOR SCHOOL

Debating Society

Debating is an invaluable skill to learn and our club aims to give students the chance to develop key analytical and public speaking skills in a fun and relaxed environment.

Students work together to debate a range of issues, from the topical questions of the day to the abstract and more obscure. We use a variety of debating techniques to enable students to develop their knowledge of controversial issues and current affairs, whilst also developing their confidence and a sense of team spirit.

As well as having a lot of fun debating with each other, students also take part in inter-school events and competitions.

Debating is open to everyone with separate clubs for Year 7-8, Year 9-11 and Sixth Form. Anyone can suggest a motion for debate.

New members, are welcome at any point during the school year.

Duke of Edinburgh

The Duke of Edinburgh Award is the world's leading youth achievement award. It is an immensely worthwhile programme, which encourages

young people to take on new challenges, learn new skills and develop strength of character. We offer all girls in Year 10 the opportunity to achieve their Bronze Award.



SENIOR SCHOOL

Equestrian

Pupils with access to a horse or pony with an interest in riding will relish the chance to join the Equestrian Team. Run by parents the team enters inter-school competitions and runs the St Gabriel's show each year. Riders of all level of ability are welcome to join.

Flute Group

Flute Group aims to encourage woodwind ensemble playing. This group varies in size and generally, but not exclusively, consists of Mrs Frith's flute pupils. They perform at lunchtime concerts, and occasionally evening events.

Football

The lunchtime football club is open to all girls looking to engage in the sport. A great chance to run around, kick a ball and forge football friendships with team mates throughout the Senior School.

SENIOR SCHOOL

Gymnastics Squad*

The Gymnastics Squad trains for two hours a week and develops their skills to competition level with our specialised coaches. There is an assessment before entry into this club.

Greek

A lunchtime taste of all things Greek, from language, to culture to literature and much more.

Higher Project Qualification

A stand-alone GCSE equivalent qualification for able pupils in Year 9. It involves in-depth research, report writing and presenting research findings to an audience. A range of lunchtime and after school seminars provide pupils with the skills and knowledge needed to complete this qualification.

Hockey

Hockey is one of our major sports at St Gabriel's, with training taking place on the astro with our coaches to prepare the girls for regular league fixtures and county tournaments.

Jazz Band

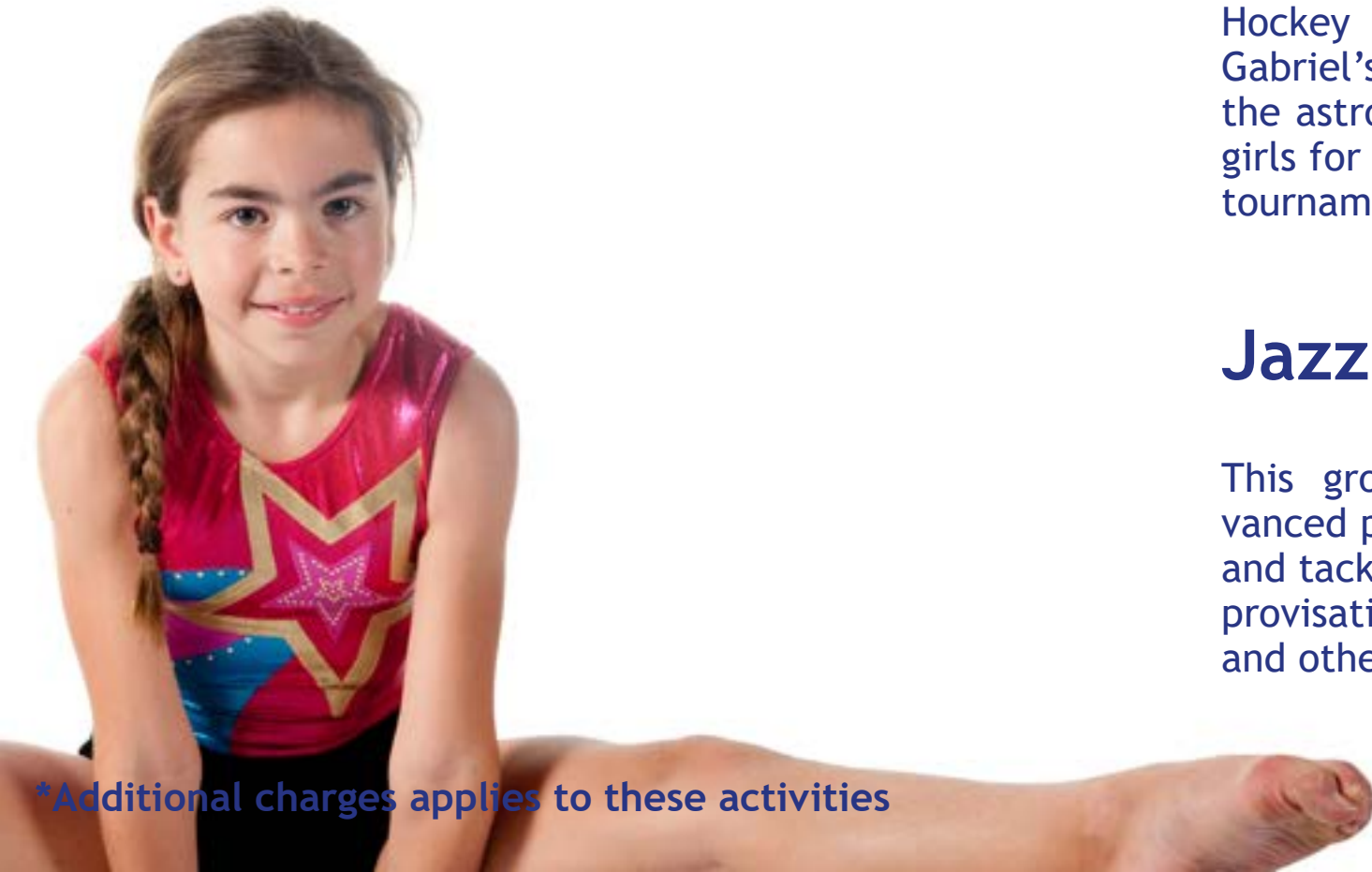
This group generally contains more advanced players (usually Grade 6 and above, and tackles classic small group jazz and improvisation, performing at evening concerts and other events through the year.



Judo

Judo improves balance, co-ordination and self-belief; qualities that are transferable to many life and sporting situations.

Delivered by Pro-coach, weekly judo lessons are open to both Junior and Senior School pupils.



*Additional charges applies to these activities

SENIOR SCHOOL

Languages

For language enthusiasts a number of clubs are offered during the academic year. These could include Italian, Latin and Spanish. Joining our club is a great way to practise your language skills.

Maths

Maths club is dedicated to inspiring and supporting pupils interest and enjoyment of mathematics. It helps pupils develop and practise problem solving as well as reinforce their knowledge and understanding.

Mrs Montagu Society (History Oxbridge)

The Mrs Montagu History Club, named in honour of the influential society hostess who made Sandleford Priory a centre of debate in the late 18th century, meets in the farmhouse on Thursday lunchtime.

For natural leaders with a passion for history, they are encouraged to join this society to discuss a variety of historical topics and issues. From the history of flowers, horses and flags. To terrorism and the appeal of conspiracy theories as well as learning about the Battle of Agincourt and the reputation of Napoleon. Recently they enjoyed talks given by Anna, Year 13 and Erin Year 13 on the bombing of Guernica. It's a 'Bluestocking Club' for the 21st century!



SENIOR SCHOOL



Music Aural Practice

Offered in the lead up to ABRSM and Trinity exams, in groups across the whole school and individually for higher grade candidates.

Music Theory

Friday mornings before school, offering support for music theory from beginner to Grade 6 and above, including pupils taking theory exams and GCSE/A Level support. Also a good venue for competent musicians to practise their theory teaching skills!

Netball

Netball is our major winter sport and specialist coaches work with year groups and squads to prepare for local league fixtures and county tournaments throughout the Autumn and Spring terms.

Netball academy is our invitation only club which prepares our more able players to progress into local clubs to continue their training.



Orchestra

The orchestra offers a taste of performing in a larger ensemble, with members ranging in ability from Grade 3 to post-Grade 8. Performing a range of styles from classical to music theatre and jazz.

The orchestra also performs at the Senior Carol Service. From the orchestra we draw our fantastic bands for school productions, such as Little Shop of Horrors and Beauty and the Beast.

SENIOR SCHOOL

Pottery

Pottery club is run by the Art Department and pupils learn how to make pots using, coil and slab techniques. This is followed by the chance to develop skills needed to glaze pots with exciting patterns and colours, using different methods to create patterns with the glazes.



Philosophy

A chance to discuss and debate metaphysical ideas using pictorial stimulus. This club is led by Sixth Formers.

Photography

Photography club provides pupils in Year 7 - 9 an opportunity to experience life behind the lens. Outdoor and studio sessions are held as well as Photoshop workshops.

Psychology

A chance for pupils to participate in fun activities and discussion to develop an insight into psychology.



SENIOR SCHOOL

Robotics

Girls in Year 7 - 9 get together to innovate, building robots with Lego and writing computer programmes to make their robots complete tasks. They also take part in a national competition in February.



Rock Group

A very flexible concept, that develops in most year groups, some of which students run themselves. Others are led by music staff. Groups play in a wide range of styles, performing covers and original songs.

Rounders

This fast paced game is one of our major summer activities and is enjoyed by girls of all levels of ability. Regular league fixtures and tournaments are played against local opposition.

Rugby

Coaches from Newbury rugby club join us in the Autumn and Spring terms. They offer skills sessions developing into game play and provide a link into area and county representation for the girls.

Running

Before school on a Monday morning, we start our week with regular runs around our extensive school grounds and at Greenham Common. Accompanied by our coaches from Newbury Athletics club, these sessions prepare girls for area, county and national representation in cross country.

All Senior School pupils of all abilities are welcome to participate. A cross country run, by invitation, takes place before school on Thursday.

SENIOR SCHOOL

Science

Science Club offers students the chance to explore areas of science not covered by the curriculum. The emphasis is on exploration and discovery and to nurture enthusiasm for science. Students develop their understanding of science through hands-on interactive experiments, and experience how science works in the real world.

Each week there is a specific focus on an area of science with the opportunity of carrying out plenty of practical investigations in a laboratory setting. Students have the opportunity to work closely with Sixth Form Science Prefects and undertake Crest Awards.

Sports Scholars Fitness

These sessions are run for our sport scholars and are designed to build fitness and resilience in the development of their chosen sports.

St Gabriel's Singers

The St Gabriel's Singers perform at school and other concerts, learning a wide range of music from pop to classical, both religious and secular.

Led by Dr Tebbs and Miss Gunn, the group is a great way of re-energising at the end of a busy day, and encourages vital performing skills. Previously singers have performed as part of Britten's War Requiem at The Anvil.

Songwriting Group

Pupils from across the Senior School age range get together to discuss the songs they enjoy, as a springboard for composing their own songs in a wide range of styles.



SENIOR SCHOOL

String Group

The string group has gone through many different formats, from a classical string quartet, to an octet.

Led by our specialist violin teacher it is a friendly group which encourages string playing, sight reading and performing skills across a range of musical genres.

Swimming

Swimming in our outdoor pool takes place in the summer and is supplemented with coaching for all levels with our specialist swimming teachers.

Competitive Squad swimming takes place from 8.15am and prepares our teams for inter school competition. We compete in the IAPS competitions where we have gained national success.



SENIOR SCHOOL



Textiles

The Textile Club enables pupils to design and develop their class work projects, providing a great outlet for developing their creative talents.

Tennis*

Tennis is one of our major summer sports and there is a full programme of external coaching and squad sessions which are designed to develop the individual. External coaching continues before school and during lunchtimes throughout the year.

Trampolining*

Trampolining is open to pupils of all abilities and is run by our specialist coach. Competition standard is achieved by some and others enjoy the fitness benefits of this session of this fun activity.

Vets & Meds

Vets and Meds supports prospective medics and vets by providing a platform for students to share their ideas on a variety of medical topics from medical ethics debates to presenting to their peers.

Students join a supportive environment to help organise work experience, and to navigate the complex application processes and provide an introduction to BMAT.

MedSoc also helps develop key interview skills through panel, and MMI style interview sessions to ensure that students are best prepared for any challenge they may face!

*Additional charges applies to these activities

JOINING

St Gabriel's offers an extensive programme of clubs, classes and creative sessions.

All activities are designed to both entertain and offer developmental benefits. Supporting our pupils, both academically and socially.

How to sign up

We communicate club openings and the methods for enrolment over the summer and at the start of the new school year. Clubs are managed by staff and external partners.

If you wish to arrange participation, refer to the email communications regarding clubs and how to join. If necessary discuss it with your child's class teacher or form tutor who can help connect you with the relevant member of staff.

A timetable for our clubs and practices is available to download on our website.

